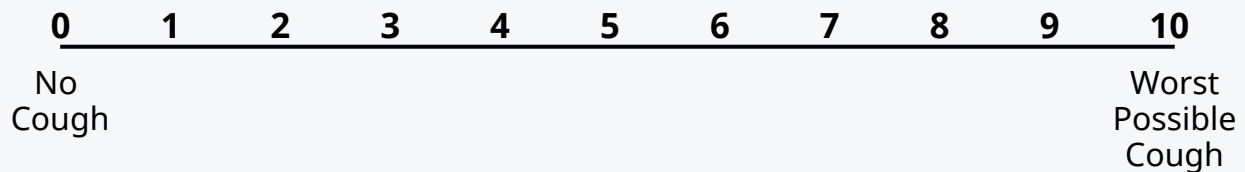


# Patient Chronic Cough Discussion Guide

For patients with idiopathic pulmonary fibrosis (IPF) and non-IPF interstitial lung diseases (non-IPF ILDs), bring this discussion guide with you to your next appointment with your pulmonologist to assist with discussion.

## 1. Cough Severity Numerical Rating Scale (CS-NRS)

Thinking on the last 24 hours, how would you rate the severity of the cough you experienced with 0 being 'no cough' and 10 being 'worst possible cough'.



## 2. Impact on Daily Life (Past week)

Thinking on the past week, has your cough impacted any of the following:

- Daily functioning impairment
- Physical pain
- Social isolation
- Embarrassment
- Anxiety/depression
- Shortness of breath
- Urinary incontinence
- Sleep disturbance
- Fatigue

## 3. Common Triggers (Past week)

Thinking on the past week, has your cough been triggered by any of the following:

- Talking
- Laughing
- Singing
- Temperature changes
- Eating
- Drinking
- Movement
- Scents

Please note this is for educational use only. Not a diagnostic tool.